



# *The* **COMPLETE** *Player*

## ***Fielding and Throwing Baseball Training Camp at The Field House! Introducing Quick Ball!***

**Purpose:** To enhance you child's skills in the areas of fielding and throwing. Quick Ball teaches team work, quick thinking and fundamentals of baseball through reaction. Each session will have a minimum of 30 minutes for fitness training specific for baseball.

**Ages:** 8-12  
**Cost:** \$250 before 1-1-2019 / \$275 after (4 two hour sessions)  
**When:** February 6, 13, 20 ,27  
**Where:** Fredericksburg Field House  
**Days:** Wednesdays  
**Time:** 6pm - 8pm

### ***Instructional Staff***

#### ***Chip Childress "The Complete Player"***

- Former minor league player with the Atlanta Braves (7 Seasons)
- Director of the Complete Player

#### ***Bobby Garrett***

- Former Lynchburg College Baseball Player

**CONTACT: CHIP CHILDRESS | 540.847.6768 | cconion@aol.com**

### **Detach and Send With Payment**

Registration form: Please make checks payable to *The Complete Player*.

Mail bottom portion to Chip Childress 10616 Watford Lane, Fredericksburg, VA 22408

Name \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_